

## Background and objectives of the Budapest satellite meeting

The morbidity and mortality crisis in Central and Eastern European countries characterising the last decades is an extraordinary challenge for behavioural sciences, public health, medicine and biology.

The purpose of the meeting will be to provide an *international and interdisciplinary forum* for improved understanding of health trends in this important region of Europe and to examine how behavioural medicine research and practice can be used to understand the health issues of countries undergoing rapid transition and to address these health challenges in the future.

This extended regional meeting aims to facilitate the *meeting of researchers, clinicians and other health care professionals and health policy professionals* from Hungary and other Central / Eastern European countries with behavioural medicine researchers from other countries.

There will also be a couple of introductory workshops offered for research students and health professionals from the region.

### Main topics for thematic small group discussions

- Risk and protective factors in cardiovascular diseases
- Psychosocial aspects and behavioural intervention in chronic diseases
- Health promotion programs
- Financing prevention
- Quality of life assessment
- Epidemiology and health statistics
- Self-destructive behaviour: suicide, alcohol and substance abuse
- Children and family development
- Ageing
- Others (depending on submissions)

### Main organisers

"Janos Selye" Hungarian Society of Behavioural Sciences and Medicine, and the Institute of Behavioural Sciences at Semmelweis University, with support of the International Society of Behavioural Medicine (ISBM [www.isbm.miami.edu](http://www.isbm.miami.edu))

### Organising Committee

Maria Kopp, Adrienne Stauder, Monika Kovacs, Local Organisers, and Brian Oldenburg on behalf of ISBM

## Provisional Program

### Sunday, August 29, 2004

- 10.00-16.00 *Workshops and teaching seminars* on behavioural medicine topics for local / regional participants.
- 18.00- *Opening ceremony* and welcome reception.

### Monday, August 30, 2004

- 9.00-13.00 *Overview of health trends* in Central / Eastern European countries and societies in rapid transition (keynotes, panel discussions, poster discussions).
- 14.00-17.30 *Explanations* for the health trends in Central / Eastern European countries and societies in rapid transition (keynotes, panel discussions, poster discussions).

### Tuesday, August 31, 2004

- 9.00-13.00 *Policy and practical implications:* application of behavioural medicine to topic areas (thematic small group discussions, poster discussions).
- 14.00-17.30 *Plenary session: reports* from thematic discussion groups, meeting summary and recommendations.
- 17.30- *Closing ceremony.*

### Wednesday, September 1, 2004

Optional post-congress tours, local meetings.

### Proposed workshops and teaching seminars

- Using epidemiology and prevention concepts to design, implement and evaluate health promotion programs - Brian Oldenburg (Queensland University of Technology, School of Public Health, Brisbane, Australia)
- How to design and publish epidemiological research: tips and tricks? - Povl Munk-Jorgensen (Chief Editor of Acta Psychiatrica Scandinavica, Aarhus, Denmark)
- Education and training in behavioural medicine - Arja Aro (Chair of ISBM E&T Committee, Helsinki, Finland) & Justin Nash (Society of Behavioural Medicine, USA)
- Improving adherence in chronic diseases - Eduardo Sabatee (WHO, Geneva)
- Complementary medicine - Margaret Chesney (NIH, US)

**ICBM SATELLITE MEETING IN BUDAPEST, HUNGARY  
AUGUST 29-31, 2004**

**“THE ROLE OF BEHAVIOURAL MEDICINE  
IN UNDERSTANDING AND PREVENTING THE  
MORTALITY AND MORBIDITY CHALLENGES  
OCCURRING  
IN CENTRAL AND EASTERN EUROPEAN COUNTRIES”**



**Satellite of the Eighth International Congress of Behavioural  
Medicine**

**(Mainz, Germany, August 25-28, 2004: [www.icbm-2004.de](http://www.icbm-2004.de))**

<b><u>Early registration before June 15, 2004</u></b>	Registration fees	Early registration and participants of ICBM-2004
Full registration fee	250 EURO	220 EURO
Reduced registration fee for students and participants from Central and Eastern European Countries	120 EURO	100 EURO
Special registration package including the teaching seminar and 5-days youth hostel accommodation for students and participants from Central and Eastern European countries	220 EURO	200 EURO
Teaching seminar or workshop only “ for registered participants	40 EURO 20 EURO	40 EURO 20 EURO
Opening ceremony, welcome reception (non-registered, and accompanying persons)	20 EURO	20 EURO
Congress dinner	40 EURO	40 EURO

**Deadline for oral presentations MARCH 31, 2004**

**Deadline for poster submissions APRIL 30, 2004**

**Registration, abstract submission and accommodation:**

**[www.selyesociety.org](http://www.selyesociety.org)**

More information

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