

Women and Health Masters Programme
Semmelweis University Institute of Behavioural Sciences
Course Description
30 Credits

First Semester

Quality of life of women. Prof. Dr. Maria Kopp., Ph.D., Medical Doctor, Psychologist

Aspects of quality of life specific to women are analyzed during the course. Both effects of objective and subjective measures of quality of life will be discussed.

Psychobiology of Women. Dr. Róbert Bódizs, Ph.D., Psychologist

Biological and physiological mechanisms of females will be discussed, focusing on both physical and mental health.

Sociology of women's health. Dr. Zsuzsa Szántó, Ph.D., Sociologist

Environmental factors affecting women's health, for example educational level, employment status, poverty will be analyzed.

Anthropology of women. Dr. Imre Lázár, Ph.D., Medical Doctor

The impact of cultural differences and minority status will be analyzed in connection to women's health.

Ethical questions in women's health. Dr. József Kovács, Ph.D., Medical Doctor

Important ethical questions, such as invitro fertilization or abortion will be discussed during the course.

Women and Mental Health. Dr. Csilla Csoboth, Ph.D., Psychiatrist

Positive mental health of women, such as optimism, resilience, hardiness will be discussed. These factors are important mental health protective factors that need to be taken into account in mental health care.

Women and Care. Dr. Katalin Hegedüs, Ph.D., Historian

Women are the caregivers of family and society. Caring is a fundamental role that needs to be valued in society. The concept of homecare and hospice will be also discussed.

Basic research methods. Dr. Emma Birkás, Ph.D., Psychologist

Questions of study design, sample construction, data analysis will be discussed.

Second and Third Semester

Psychosocial risk factors affecting women's health. Dr. Maria Kopp, Ph.D., Medical Doctor, Psychologist

Different psychosocial risk factors, such as hostility, low social support, influence women's health. These and other important issues will be discussed in regard to women's health.

Promotion and prevention of disease among women. Dr. Csilla Csoboth, Ph.D., Psychiatrist

Basic health promotion and disease prevention strategies will be discussed in regard to women's health. Applying current knowledge in a different cultural setting will be discussed.

Health care system and women's health. Dr. Zsuzsa Szántó, Sociologist

Female sensitivity of the health care systems, both nationally and internationally will be analyzed during the course.

Women and Aging. Dr. Monika Kovács, Ph.D., Psychiatrist

Gerontology of women, impact on physical and mental health, integration into the health care system will be analyzed. Secondary and tertiary prevention possibilities will also be discussed.

Women and cardiovascular disease. Dr. György Purebl, Psychiatrist

Psychosocial risk factors and health risk behavior among women connected with cardiovascular disease will be analyzed during the course. Means of prevention and health promotion will be underlined.

Women and Eating disorders. Dr. Ferenc Túry, Ph.D., Psychiatrist

The psychological, biological, and the sociological aspects of eating disorders will be discussed during the course. Treatment possibilities will also be analyzed.

Psychosomatic disorders among women. Dr. Adrienne Stauder, Ph.D., Psychiatrist

Psychosomatic disorders, such as asthma or irritable bowel syndrome will be analyzed in regard to the female gender. Treatment and prevention possibilities will be analyzed.

Women and trauma. Dr. Dóra Perczel-Forintos, Psychologist

Psychological, biological, and sociological aspects of violence against women will be analyzed. Prevention and treatment methods will be discussed.

Ethical questions of reproductive rights. Dr. Imre Szebik, Ph.D., Medical Doctor

The ethical aspects of reproductive question will be discussed during the course. Policies regarding these issues will be analyzed.

Statistical methods used in research. Dr. Emma Birkás, Ph.D., Psychologist

Advanced statistical methods will be learned, using existing data-bases as research tool.

Fourth Semester

Research Topics:

Women and stress. Dr. Maria Kopp, Ph.D.

In this research topic the psychological, biological and sociological aspects of stress need to be analyzed.

Women and the biophysiology of mental disorders. Dr. Róbert Bódizs, Ph.D., Psychologist

The physiological and biochemical mechanisms of mental disorders in women need to be analyzed.

Women, work, and health. Dr. Zsuzsa Szántó, Ph.D., Sociologist

The social construct of women's employment, family life will be analyzed on cross-sectional surveys.

Women and mental health: preventing mental problems. Dr. Csilla Csoboth, Ph.D.

Specific health promotion and disease prevention programs will be devised and tested and the effect analyzed.